Synthetic study of oxidative metabolites in mushrooms starting from ergosterol

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Mushrooms are widely consumed as health food and their health-promoting functions are thought to be partially attributed to the steroidal metabolites contained. This study focuses on straightforward syntheses of oxidized steroidal metabolites from ergosterol (1), a presumed biosynthetic precursor. The following scheme shows the synthetic route of gargalol A (9) isolated from the edible mushroom *Grifola gargal*. The C3-hydroxyl group in 1 was first protected as its TIPS ether, and the C5-C6 olefin was epoxidized to give α-epoxide 3 in regio- and stereoselective manners. Nucleophilic epoxide opening by benzoic or acetic acids proceeded stereoselectively, giving rise to α-benzoate 4 and α-acetate 5 probably via S_N1 reaction pathways. Subsequent dehydration was achieved with thionyl chloride and pyridine. Interestingly, the benzoate 4 was inert under these conditions while the acetate 5 smoothly underwent dehydration to give 7 in 92% yields. It is likely that the sterically hindered benzoyl group inhibited chlorination of the C5-alcohol. Removal of the TIPS group in 7 turned out problematic because of the instability of the resulting allylic alcohol 8. Eventually, careful isolation of the intermediate (8) followed by epoxidation using TBHP/VO(acac)₂ and deacetylation gave gargalol A (9) whose spectra matched the natural product. Although an overall yield was moderate, such straightforward synthesis gives valuable insights into the biosynthetic routes of steroidal metabolites.

R =
$$\frac{R}{R_1}$$
 $\frac{R}{R_2}$ $\frac{R}{R_2}$

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