

The use of the herb in space foods

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We want to adopt a thought of the medicine food to space foods. We want to think about space foods using the herb which we can cultivate in space. We want to suggest the use in Sage, Stevia, Thyme, Lemonbalm. The thyme has a strong sterilization effect. The sage improves blood circulation. The stevia is a natural sweetener. Lemonbalm is able antidepressant. I want to think about the use to space foods of these herb.

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