

Taste evaluation (elderly person) of the graham pasta as space foods

*Maki Ota¹, Naomi Katayama¹, Shoko Kondo¹, Yui Nakayama¹

1. nagoyawomenuniversity

The meal is important for the prevention such as diabetes, dyslipidemia, liver function disease, a circulatory organ disease, Alzheimer's disease to prevent hyperglycemia in space. Therefore the meal which blood sugar level after a meal rises to as possible calmly is demanded. Therefore this study performed taste evaluation using graham pasta to prevent hyperglycemia. We stewed graham pasta with vegetable.

Keywords: Space food, graham Pasta, Blood sugar level