

Necessity of herb in space food

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The space foods in the long-term space stay are very important for life support. Nourishment balance is important for the space foods. Furthermore, it is necessary for space foods to be appetizing meals. We must think about securing of food to maintain life for up to three years to go to Mars. It is necessary to think about quantity of the food to take from the earth then. In addition, it is necessary to think about food to cultivate in a spaceship. Furthermore, it is necessary to think about food to cultivate on Mars. In the spaceship, it is necessary for cultivation of various food to be carried out. It is necessary for us to think about time when we got sick in a spaceship. Therefore the securing of plant which can become the crude drug with food is necessary. The cultivation of a plant becoming the medicine is necessary. Spicy grass and the spice are necessary, too. It is necessary to use the plant factory in the spaceship effectively. At the same time, we need to study about food-plant and medicine-plant. We report a growth record of herb becoming the medicine which we brought up this time on the earth. In addition, we report the menu using the herb.

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