## Environmental Progression: Extremes, Energy, and the Rate of Change

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As extreme climatic events increasingly dominate the global news cycle, there is a growing need to understand their origins and impacts. A debate rages over whether weather events are the result of climate change or simply occur in its context. The introduction to 'environmental progression' is an attempt to tackle these contradictions through an interconnected understanding of physical systems over time. Misunderstandings of cycles and equilibrium have led to a misguided view of the progression of our physical universe. If mankind is to address the challenges brought about by a changing world, we must first understand and accept the change we are addressing.

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