Symposium

## Symposium 6 (II-S06)

## Treatment strategy for failed Fontan

Chair:Hajime Ichikawa(Pediatric Cardiovascular Surgery,National Cerebrand Cardiovascular Center, Japan)

Chair: Takashi Higaki (Department of Regional Pediatrics and Perinatology Ehime University Graduate School of Medicine)

Sat. Jul 8, 2017 1:50 PM - 3:35 PM ROOM 1 (Exhibition and Event Hall Room 1)

1:50 PM - 3:35 PM

## [II-S06-01 [Keynote Lecture]] Treatment for the failed Fontan

<sup>O</sup>James S. Tweddell (Cardiothoracic Surgery, Cincinnati Children's Hospital Medical Center, USA)

For the child with single ventricle anatomy the Fontan operation is the anticipated goal of palliation and is one of the great success stories of congenital heart surgery. Nevertheless, sustained elevation of central venous pressure and chronically low cardiac output are uniform consequence of the total cavopulmonary connection. As a result, a series of end-organ complications are now increasingly recognized. Among the increasingly recognized problems are; liver fibrosis and cirrhosis, protein losing enteropathy, impaired lymphatic drainage, decreased bone density and renal dysfunction.(1) Standardized follow-up and screening for individuals with Fontan physiology through childhood and beyond is indicated to optimize management. Even the individual with the "perfect" Fontan faces an uncertain future likely marked by progressive right heart failure and risk of premature mortality.(2-5) Strategies to improve long term outlook may include maintaining optimal Fontan architecture, minimization of thromboembolic complications, control of arrhythmias, resynchronization therapy and potentially procedures to improve lymphatic drainage. (6-10) Ultimately, heart transplant may offer the best hope but mortality remains higher among patients transplanted for a failing Fontan due to challenges of reoperation with aortopulmonary collaterals and the comorbidities of liver and renal dysfunction.(11, 12) Risk assessment and the best timing for transplant may require not only assessment of cardiac dysfunction but also careful assessment of the potential for hepatic dysfunction. Mechanical circulatory support tailored to the Fontan circulation will provide better bridge to transplant and may also permit recovery of liver and renal dysfunction. (13, 14) A comprehensive team approach that considers all organ systems is essential.(15)

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